



OCTOBER | 2018

Chilton High School Nutrition Break

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast Bites, Fruit, Juice Cup, Milk	2 Cinnamon Roll, Fruit, Juice Cup, Milk	3 Ham & Cheese English Muffin, Fruit, Juice Cup, Milk	4 Egg & Cheese Pancake Sandwich, Fruit, Juice Cup, Milk	5 Scooby Grahams, Yogurt, Fruit, Juice Cup, Milk
8 Cinnamon Burst Bread, Fruit, Juice Cup, Milk	9 Blueberry Bash Mini Waffles, Fruit, Juice Cup, Milk	10 Ham & Cheese Croissant, Fruit, Juice Cup, Milk	11 Mini Maple Burst Pancakes, Fruit, Juice Cup, Milk	12 French Toast Sticks, Fruit, Juice Cup, Milk
15 Apple Stuffed Breadstick, Fruit, Juice Cup, Milk	16 Soft Pretzel, Fruit, Juice Cup, Milk	17 Ham & Cheese English Muffin, Fruit, Juice Cup, Milk	18 Banana Chocolate Chunk Bar, Fruit, Juice Cup, Milk	19 Apple Frudel, Fruit, Juice Cup, Milk
22 Ultimate Breakfast Round- Cinnamon, Fruit, Juice Cup, Milk	23 Stickler, Fruit, Juice Cup, Milk	24 Ham & Cheese Croissant, Fruit, Juice Cup, Milk	25 Banana Bread, Fruit, Juice Cup, Milk	26 No School
29 Pretzel Stick Filled w/ Cheddar Cheese, Fruit, Juice Cup, Milk	30 Dutch Waffle, Fruit, Juice Cup, Milk	31 Ham & Cheese English Muffin, Fruit, Juice Cup, Milk		

News
School District of Chilton

Served Daily
9:30 – 9:40

Fruit or Juice is
REQUIRED DAILY
To make a meal.

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|-----------------------|---------------|
| <b>9-12</b>           | <b>\$1.65</b> |
| <b>Reduced</b>        | <b>\$0.30</b> |
| <b>Staff or Adult</b> | <b>\$2.05</b> |

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**All grains are Whole
Grain.**

**Menus are subject to
change.**

**This institution is an
equal opportunity
provider.**