



JANUARY | 2019

Chilton High School Nutrition Break

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 No School	1 No School	2 Blueberry Bash Mini Waffles, Fruit, Juice Cup, Milk	3 Cinnamon Burst Bread, Fruit, Juice Cup, Milk	4 French Toast Sticks, Fruit, Juice Cup, Milk
7 Apple Stuffed Breadstick, Fruit, Juice Cup, Milk	8 Soft Pretzel, Fruit, Juice Cup, Milk	9 Ham & Cheese English Muffin, Fruit, Juice Cup, Milk	10 Banana Chocolate Chunk Bar, Fruit, Juice Cup, Milk	11 Apple Frudel, Fruit, Juice Cup, Milk
14 Ultimate Breakfast Round- Cinnamon, Fruit, Juice Cup, Milk	15 Stickler, Fruit, Juice Cup, Milk	16 Ham & Cheese Croissant, Fruit, Juice Cup, Milk	17 Banana Bread, Fruit, Juice Cup, Milk	18 No School
21 No School	22 Dutch Waffle, Fruit, Juice Cup, Milk	23 Ham & Cheese English Muffin, Fruit, Juice Cup, Milk	24 PB&J, Fruit, Juice Cup, Milk	25 Cherry Frudel, Fruit, Juice Cup, Milk
28 Coco Bread, Fruit, Juice Cup, Milk	29 Yogurt Parfait, Fruit, Juice Cup, Milk	30 Sausage & Cheese Croissant, Fruit, Juice Cup, Milk	31 Breakfast Pizza, Fruit, Juice Cup, Milk	1 Mini Bagels, Fruit, Juice Cup, Milk

News
School District of Chilton

Served Daily
9:30 – 9:40

Fruit or Juice is
REQUIRED DAILY
To make a meal.

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9-12      \$1.65  
Reduced    \$0.30  
Staff or Adult \$2.05  
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**All grains are Whole
Grain.**

**Menus are subject to
change.**

**This institution is an
equal opportunity
provider.**