

OCTOBER | 2020

Chilton High School Nutrition Break



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|--|--|--|--|---|
| 28 | 29 | 30 | 1 Ham & Cheese Croissant Fruit, Juice Cup, Milk | 2 Scooby Grahams, Yogurt Fruit, Juice Cup, Milk |
| 5 Banana Chocolate Chunk Bar Fruit, Juice Cup, Milk | 6 Assorted Muffin, String Cheese, Fruit, Juice Cup, Milk | 7 No Nutrition Break Early Release | 8 Mini Chocolate Chip French Toast, Fruit, Juice Cup, Milk | 9 Confetti Pancakes, Fruit, Juice Cup, Milk |
| 12 UBR, Fruit, Juice Cup, Milk | 13 Banana Bread Fruit, Juice Cup, Milk | 14 No Nutrition Break Early Release | 15 Ham & Cheese Croissant Fruit, Juice Cup, Milk | 16 Strawberry Cream Cheese Mini Bagels Fruit, Juice Cup, Milk |
| 19 Mini Maple Burst Pancakes, Fruit, Juice Cup, Milk | 20 Yogurt Parfait, Fruit, Juice Cup, Milk | 21 No Nutrition Break Early Release | 22 Breakfast Pizza, Fruit, Juice Cup, Milk | 23 No School |
| 26 Cereal Bar or Poptart, String Cheese Fruit, Juice Cup, Milk | 27 Cinnamon Roll, Fruit, Juice Cup, Milk | 28 No Nutrition Break Early Release | 29 Blueberry Bash Mini Waffles Fruit, Juice Cup, Milk | 30 Pretzel Stick Filled w/Cheese Fruit, Juice Cup, Milk |

News

**School District of
Chilton**

**Served During 2nd
Period except
Wednesdays**

**Must pick 3 items
To make a meal.**

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**9-12 Free**  
**Reduced Free**  
**Staff or Adult \$2.05**  
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**Menus are subject to
change.**

**This institution is an
equal opportunity
provider.**