

# NOVEMBER | 2020



## Chilton High School Nutrition Break

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Apple or Cherry Frudel Fruit, Juice Cup, Milk	3 Sticklers Fruit, Juice Cup, Milk	4 No Nutrition Break Early Release	5 Cinnamon Mini Bagels Fruit, Juice Cup, Milk	6 Zucchini Bread Fruit, Juice Cup, Milk
9 Apple Filled Breadstick Fruit, Juice Cup, Milk	10 Assorted Muffin, String Cheese, Fruit, Juice Cup, Milk	11 No Nutrition Break Early Release	12 Ham & Cheese Croissant Fruit, Juice Cup, Milk	13 Scooby Grahams, Yogurt Fruit, Juice Cup, Milk
16 Banana Chocolate Chunk Bar Fruit, Juice Cup, Milk	17 Egg and Cheese Breadstick, Fruit, Juice Cup, Milk	18 No Nutrition Break Early Release	19 Mini Chocolate Chip French Toast, Fruit, Juice Cup, Milk	20 Confetti Pancakes, Fruit, Juice Cup, Milk
23 UBR, Fruit, Juice Cup, Milk	24 Banana Bread Fruit, Juice Cup, Milk	25 No School	26 No School	27 No School
30 Mini Maple Burst Pancakes, Fruit, Juice Cup, Milk	1	2	3	4

### News

**School District of Chilton**

**Served During 2<sup>nd</sup> Period except Wednesdays**

**Must pick 3 items To make a meal.**

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**9-12 Free**  
**Reduced Free**  
**Staff or Adult \$2.05**  
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**Menus are subject to change.**

**This institution is an equal opportunity provider.**