

Chilton Public Schools Curriculum Document

Curricular Area: Physical Education Grade: Fourth

Course Title (if different than Curricular Area):

EE	IT	EV	EC	WI Academic Standard	Standard	Course/Unit /O.B.J.#	NT	I	D	R	M	R
				4A1	Select and participate regularly in physical activities for the purpose of improving skills and maintaining good health				X	X	X	
				4A2	Describe healthful benefits that result from regular physical activity					X	X	
				4A3	Identify several moderate to vigorous physical activities that provide personal pleasure						X	
				4B1	Demonstrate progress toward the mature form of all locomotor(movement) patterns and selected manipulative and nonlocomotor skills such as throwing, catching, and kicking					X	X	
				4B2	Adapt a physical skill to the demands of a dynamic unpredictable environment such as balancing with control on a variety of objects(balance board, large apparatus, skates)					X	X	
				4B3	Acquire beginning skills in a few specialized movement forms such as dribbling and passing a basketball to a moving receiver or jumping and landing for height/distance using mature form				X	X		
				4B4	Apply combined movement skills in a variety of settings such as developing and refining a creative dance sequence into repeatable					X	X	

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				4C1	Work on improving personal performance in fundamental and selected specialized motor skills such as throwing, catching, running					X	X	
				4C2	Use critical elements of fundamental and specialized movement skills to provide feedback to others such as accurately recognizing the critical elements of a throw made by a fellow student and providing positive feedback to that student					X	X	
				4C3	Recognize and apply concepts that affect the equality of increasingly complex movement performance, such as consistently striking a ball with a bat or paddle demonstrating an appropriate grip					X	X	
				4C4	Identify and apply characteristics and critical elements of highly skilled performance to develop movement competence or proficiency such as using internal and external information to modify movement during performance	Locomotor Unit- O.B.J. #				X	X	
				4D1	Experience positive feelings as a result of involvement in physical activity					X	X	
				4D2	Learn to enjoy practicing activities to increase skill competence					X	X	
				4D3	Celebrate personal successes and achievements as well as those of others					X	X	

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				4D4	Use physical activity as a means of self expression					X	X	
				4E1	Identify several activities related to each component of physical fitness such as development of muscular strength					X	X	
				4E2	Associate results of fitness testing to personal health status and the ability to perform various activities such as maintaining continuous aerobic activity for a specified time and/or activity and supporting, lifting, and controlling body weight in a variety of activities.					X	X	

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 I = Introduced
 D = Developed
 R = Reviewed
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				4E3		Describe personal strengths and weaknesses and elevate the weaknesses to strengths				X	X	
				4F1		Follow activity-specific rules, procedures, and etiquette with little or no reinforcement				X	X	
				4F2		Utilize safety principles in activity situations					X	
				4F3		Work productively with a partner to improve skills, for example improve the overhand throw pattern for distance by using the critical elements of the process				X	X	
				4F4		Work independently and “on task” for short periods of time				X	X	
				4F5		Accept the teacher’s decision regarding a personal rule infraction without displaying negative reactions toward others				X	X	
				4G1		Explore cultural and ethnic self awareness participation in physical				X	X	

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						activity						
				4G2		Demonstrate acceptance of the skill and ability of others through verbal and nonverbal behavior				X	X	
				4G3		Indicate respect for persons from different backgrounds and the cultural significance as they contribute to various games, dances, and physical activities				X	X	

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