

SEPTEMBER | 2020



Chilton High School Nutrition Break

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 Banana Bread Fruit, Juice Cup, Milk	2 No Nutrition Break Early Release	3 Ham & Cheese Croissant Fruit, Juice Cup, Milk	4 Strawberry Cream Cheese Mini Bagels Fruit, Juice Cup, Milk
7 No School	8 Yogurt Parfait, Fruit, Juice Cup, Milk	9 No Nutrition Break Early Release	10 Breakfast Pizza, Fruit, Juice Cup, Milk	11 Mini Donuts Fruit, Juice Cup, Milk
14 Cereal Bar or Poptart, String Cheese Fruit, Juice Cup, Milk	15 Cinnamon Roll, Fruit, Juice Cup, Milk	16 No Nutrition Break Early Release	17 Blueberry Bash Mini Waffles Fruit, Juice Cup, Milk	18 Pretzel Stick Filled w/Cheese Fruit, Juice Cup, Milk
21 Apple or Cherry Frudel Fruit, Juice Cup, Milk	22 Sticklers Fruit, Juice Cup, Milk	23 No Nutrition Break Early Release	24 Cinnamon Mini Bagels Fruit, Juice Cup, Milk	25 Cocoa Bread Fruit, Juice Cup, Milk
28 Apple Filled Breadstick Fruit, Juice Cup, Milk	29 Egg and Cheese Breadstick, Fruit, Juice Cup, Milk	30 No Nutrition Break Early Release	1	2

News

**School District of
Chilton**

**Served Daily
9:30 – 9:40**

**Fruit or Juice is
REQUIRED DAILY
To make a meal.**

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**9-12                    \$1.65**  
**Reduced               \$0.30**  
**Staff or Adult       \$2.05**  
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**Menus are subject to
change.**

**This institution is an
equal opportunity
provider.**