

OCTOBER | 2022

Chilton High School Nutrition Break



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Cheese Stuffed Breadstick, Marinara Sauce, Fruit, Juice Cup, Milk	4 Cinni Minis, Fruit, Juice Cup, Milk	5 No Nutrition Break	6 Frudel, Fruit, Juice Cup, Milk	7 Donut, Fruit, Juice Cup, Milk
10 Mini Pancakes, Fruit, Juice Cup, Milk	11 UBR, Fruit, Juice Cup, Milk	12 No Nutrition Break	13 Mini Waffles, Fruit, Juice Cup, Milk	14 No School
17 Mini French Toast, Fruit, Juice Cup, Milk	18 Sticklers, Fruit, Juice Cup, Milk	19 Ham & Cheese Croissant, Fruit, Juice Cup, Milk	20 No Nutrition Break	21 Cinnamon Filled Pretzel, Fruit, Juice Cup, Milk
24 French Toast Bites, Fruit, Juice Cup, Milk	25 Apple Filled Breadstick, Fruit, Juice Cup, Milk	26 No Nutrition Break	27 Flavored Breakfast Bread, Fruit, Juice Cup, Milk	28 No School
31 Muffin, String Cheese, Fruit, Juice Cup, Milk	1	2	3	4

News

School District of Chilton

**Served Daily
9:30 – 9:40**

**Fruit or Juice is
REQUIRED DAILY
To make a meal.**

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**9-12 \$1.65**  
**Reduced \$0.30**  
**Staff or Adult \$2.56**  
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**Menus are subject to
change.**

**This institution is an
equal opportunity
provider.**