



JANUARY | 2023

Chilton High School Nutrition Break

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheese Stuffed Breadstick, Marinara, Fruit, Juice Cup, Milk	3 Mini Cinnis, Fruit, Juice Cup, Milk	4 No Nutrition Break	5 Frudel, Fruit, Juice Cup, Milk	6 Donut, Fruit, Juice Cup, Milk
9 Mini Pancakes, Fruit, Juice Cup, Milk	10 UBR, Fruit, Juice Cup, Milk	11 No Nutrition Break	12 Mini Waffles, Fruit, Juice Cup, Milk	13 No School
16 Mini French Toast, Fruit, Juice Cup, Milk	17 Sticklers, Fruit, Juice Cup, Milk	18 No Nutrition Break	19 Ham & Cheese Croissant, Fruit, Juice Cup, Milk	20 Cinnamon Filled Pretzel, Fruit, Juice Cup, Milk
23 French Toast Bites, Fruit, Juice Cup, Milk	24 Apple Filled Breadstick, Fruit, Juice Cup, Milk	25 No Nutrition Break	26 Flavored Breakfast Bread, Fruit, Juice Cup, Milk	27 Mini Pancakes, Fruit, Juice Cup, Milk
30 Muffin, String Cheese, Fruit, Juice Cup, Milk	31 Cinnamon Rolls, Fruit, Juice Cup, Milk	1	2	3

News
School District of Chilton

Served Daily
9:30 – 9:40

Fruit or Juice is REQUIRED DAILY
To make a meal.

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**9-12 \$1.65**  
**Reduced \$0.30**  
**Staff or Adult \$2.56**  
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Menus are subject to change.

This institution is an equal opportunity provider.