

OCTOBER | 2023

Chilton High School Nutrition Break



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Cheese Stuffed Breadstick, Marinara Sauce, Fruit, Juice Cup, Milk	3 Cinni Minis, Fruit, Juice Cup, Milk	4 French Toast Bites, Fruit, Juice Cup, Milk	5 Ham & Cheese Croissant, Fruit, Juice Cup, Milk	6 Donut, Fruit, Juice Cup, Milk
9 Mini Pancakes, Fruit, Juice Cup, Milk	10 No Nutrition Break	11 UBR, Fruit, Juice Cup, Milk	12 Mini Waffles, Fruit, Juice Cup, Milk	13 Breakfast Pizza, Fruit, Juice Cup, Milk
16 No School	17 Apple Frudel, Fruit, Juice Cup, Milk	18 No Nutrition Break	19 Donut, Fruit, Juice Cup, Milk	20 Mini Pancakes, Fruit, Juice Cup, Milk
23 Cinnamon Roll, Fruit, Juice Cup, Milk	24 Cherry Frudel, Fruit, Juice Cup, Milk	25 No Nutrition Break	26 Breakfast Pizza, Fruit, Juice Cup, Milk	27 Mini Bagel, Fruit, Juice Cup, Milk
30 Flavored Breakfast Bread, Fruit, Juice Cup, Milk	31 Yogurt Parfait, Fruit, Juice Cup, Milk	1	2	3

News

School District of Chilton

**Served Daily
9:30 – 9:40**

**Fruit or Juice is
REQUIRED DAILY
To make a meal.**

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**9-12                    \$1.75**  
**Reduced                \$0.30**  
**Staff or Adult        \$2.56**  
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**Menus are subject to
change.**

**This institution is an
equal opportunity
provider.**